# LANGLADE COUNTY RESOURCES

#### **Alcoholics Anonymous**

Alcoholics Anonymous is a global, peer-led mutual aid fellowship focused on alcohol recovery through its Twelve Step program. The program is built on the idea that alcoholics can help each other achieve and maintain sobriety. AA emphasizes anonymity, a lack of hierarchy, and non-professionalism, with no affiliations or endorsements of any kind. Meetings are held at 1005<sup>th</sup> Avenue, Antigo on Sunday, Wednesdays, and Thursdays.

# Alliance for Substance Use Prevention of Langlade County

Alliance for Substance Use Prevention of Langlade County is a coalition that meets quarterly on the third Thursday of the month from 11:30am-12:30pm in the board room at the Langlade County Health Department or via zoom. The goals of the Alliance is to reduce drug and alcohol misuse in Langlade County and to become a community that supports recovery by increasing community collaboration and engagement. Some examples are our Vape Disposal program that is ready to implement in our schools, Drug Take Back Days, and a Screenagers Membership for the 2025-2026 school year! This will consist of the movie Screenagers: Under the Influence, addressing vaping, drugs & Alcohol in the Digital Age plus a full ready to go curriculum with a student version of the movie. For more information call: 715-627-6250

#### **Broken Arrow**

Broken Arrow is a faith-based transitional living home for men in recovery, designed to help them transition toward long-term recovery and independent living. They provide several Christ-centered support groups that meet weekly and the opportunity to engage in community service. For more information call 715-219-1760 or email <a href="mailto:rzarda@brokenarrowministries.org">rzarda@brokenarrowministries.org</a>

## **Families Anonymous**

Families Anonymous (FA) is a 12-step fellowship for families and friends of people struggling with substance abuse or related behavioral problems. It provides a support network and offers resources for those whose lives have been impacted by addiction. FA meetings are free, confidential, and open to anyone concerned about the impact of substance abuse or related issues on their family or social circle. Meetings can be attended in person or online

#### **Hope House**

Hope House Antigo is a sober-living home for women in Langlade County through NCHC. For more information, please visit <a href="https://www.norcen.org/HopeHouse">www.norcen.org/HopeHouse</a>.

#### Life Recovery

Life recovery is a faith-based 12-step program that generally refers to the process of healing and moving forward after a difficult life event or struggle, such as addiction, mental health challenges, or trauma. It's a journey that involves both personal growth and seeking support from others.

#### Narcotics Anonymous (NA)

Narcotics Anonymous (NA) meetings are peer-led support fellowships designed to help individuals struggling with addiction, regardless of the substance involved. The primary goal of these meetings is to provide a safe and supportive environment where individuals can share their experiences and support each other in their recovery journey. NA is a 12-step-based program. Meetings are held on Mondays, Tuesdays, Fridays, and Saturdays.

#### **RU Recovery**

RU Recovery is a faith-based addiction recovery program that takes a holistic approach to recovery. It offers a comprehensive curriculum, including the RU Recovery Journal and the RU 10 Principles of Faith-Based Recovery, which guide participants through the journey of achieving sobriety, restoring relationships, and discovering a renewed sense of purpose and hope. Meetings are held on Friday evenings at Light House Baptist Church.

## **SMART Recovery**

SMART Recovery is an international community of peer support groups that help people recover from addictive and problematic behaviors, using a self-empowering and evidence-informed program. SMART stands for Self-Management and Recovery Training. The SMART approach is secular and research-based. For more information contact Three Bridges.

## Three Bridges Recovery

Three Bridges Recovery is a Recovery Community Organization that provides peer support services to individuals who are seeking recovery from substance use disorder and/or mental health issues. The purpose of Three Bridges Recovery is to promote and encourage healthy recovery. Three Bridges works closely with Langlade County's Diversion Program, jail programs in and around surrounding counties along with hospitals within those communities. For more information call 715-424-0403.

#### William's House of Hope

Williams House of Hope is a nonprofit organization formed to combat homelessness in Langlade County. They assist with safe emergency housing and assist in transitioning to permanent housing. To learn more, <a href="mailto:info@williams-house.org">info@williams-house.org</a>

# Langlade County FIT Program

The Langlade County Front-End Intervention and Treatment (FIT) Diversion Program is specifically designated for non-violent individuals with justice system involvement for whom substance use is a contributing factor in their criminal activity. This is a pre-charge or post-charge program allowing for diversion from the individual's criminal charges while they receive treatment and services. Upon successful completion of the Program, an individual's charges may be reduced or dropped. For more information call 715-627-6227.

For More information on our Langlade County Diversion program and it's allies against SUD, Contact Nancy Benish, Diversion Coordinator at 715-627-6227 or email at Nancy.benish@da.wi.gov

#### Support Groups in Langlade Co. (Please review for accuracy)

- 1. NA Monday at 8 a.m. at 1005 5th Ave, Antigo
- 2. Life Recovery Monday at 6:30pm at Springbrook Church, Support for any type of addiction, not just AODA.
- 3. NA Tuesdays, Fridays and Saturdays at 7 p.m. at 1005 5th Ave, Antigo
- 4. AA Tuesdays at 7 p.m. at Elcho UCC
- 5. AA- Broken Arrow Wednesday's at 7 p.m. at 1005 5th Ave, Antigo.
- 6. AA- Broken Arrow Thursday's at 7 p.m. at 1005 5th Ave, Antigo.
- 7. AA- Broken Arrow Sunday's at 7 p.m. at 1005 5th Ave, Antigo
- 8. Life Recovery Wednesdays at 8:30am at Church of Nazarene, 230 Elm St, Antigo
- 9. NA Saturdays for male inmates in the Langlade Co. Jail
- 10. NA Sundays for female inmates in the Langlade Co. Jail
- 11. RU- Every Friday night from 7 to 9 PM., at 619 Deleglise St, Antigo
- 12. A/A- Sunday 10 AM, White Lake Community Center, 615 School Street
- 13. Families Anonymous- 2nd and 4th Mondays at 6 PM. 230 Elm St, Antigo WI
- 14. SMART Recovery- Every Thursday at 5 p.m., 1005 5th Ave, Antigo